ACAC Championships
Hosted by Lethbridge College Kodiaks
October 28, 2023

ACAC women's 6 km results

Runner	Team	Bib#	Time	Place	ACAC	NAIT	SAIT	LCK	CUE	RDP	UAA	STMU	MHC	PRAC	TKU	NWP	Pace/km
Makenna Fitzgerald	SAIT	10	21:43	1	1		1										03:37
Becky Ross	MHC	16	23:59	2	2								2				04:00
Cadence Laplante	STMU	28	24:05	3	3							3					04:01
Sonjaa Schmidt	SAIT	11	24:16	4	4		4										04:03
Maddy Scrimger	MHC	15	24:27	5	5								5				04:05
Justine Larson	RDP	33	25:33	6	6					6							04:16
Sydney Zissos	STMU	31	25:51	7	7							7					04:19
Katrina Michel	LCK	3	25:56	8	8			8									04:19
Myah Cota	RDP	34	26:11	9	9					9							04:22
Georgia Sawchuk	RDP	36	26:30	10	10					10							04:25
Kate Block	LCK	4	26:33	11	11			11									04:26
Josephine Bennett	PRAC	40	26:42	12	12									12			04:27
Hannah Warford	NAIT	1	26:59	13	13	13											04:30
Zoey Longman	RDP	38	26:59	14	14					14							04:30
Hallee Pilling	SAIT	13	27:17	15	15		15										04:33
Emily Barritt	RDP	39	27:22	16	16					16							04:34
Philine Schmidt	STMU	30	27:39	17	17							17					04:37
Kerigan Frampton	SAIT	12	27:44	18	18		18										04:37
Loami Rautenbach	RDP	35	27:49	19	19					19							04:38
Kammy Park	RDP	37	27:58	20	x					x							04:40
Mizuki Iwata	MHC	19	28:09	21	20								20				04:42
Megan Gubbins	LCK	6	28:13	22	21			21									04:42
Rosie Bouchard	LCK	9	28:24	23	22			22									04:44
Elizabeth Krueger	STMU	27	28:29	24	23							23					04:45
Hannah Smith	LCK	5	28:37	25	24			24									04:46
Maria Leonard	STMU	29	28:39	26	25							25					04:46
Pyper Gill	MHC	14	28:41	27	26								26				04:47
Jordyn Rist	LCK	7	28:41	28	27			27									04:47
Andrea Leusink	TKU	41	28:51	29	28										28		04:48
Lara Birkill	UAA	23	29:11	30	29						29						04:52
Aman Leung	UAA	20	29:16	31	30						30						04:53
Drew Armener	LCK	8	30:21	32	x			x									05:04
Effie Lockhart	UAA	22	30:50	33	31						31						05:08
Lydia Steinke	NWP	43	31:07	34	32											32	05:11
Cherise Carter	STMU	26	31:15	35	33							33					05:13
Taniesha Humbke	NWP	46	31:48	36	34											34	05:18
Sidney Cusack	UAA	21	31:52	37	35						35						05:19
Chloe Funnell	UAA	24	32:12	38	36						36						05:22
Annika Marshall	MHC	17	32:19	39	37								37				05:23
Jill Starman	NAIT	2	33:01	40	38	38											05:30
Amelie Froehlich	TKU	42	33:07	41	39										39		05:31
Cheveyah Ropcean	NWP	44	33:09	42	40											40	05:32
Karli Tluchak	UAA	25	33:18	43	41						41						05:33
Kabri Stickel	MHC	18	33:57	44	42								42				05:40
Magdelyn MacDougall	CUE	47	34:31	45	43				43								05:45
Brandy Nicholson	NWP	45	36:30	46	44											44	06:05
Julia Jedwabski	STMU	32	38:43	47	x							x					06:27
	# of runners scoring			47	44	2	4	6	1	6	6	6	6	1	2	4	
	# of exhibition runners				3	0	0	1	0	1	0	1	0	0	0	0	
	total best 4 runners						38	62		39	125	50	53			150	
	rank on best 4 runners						1	5		2	6	3	4			7	
	total best 3 runners						20	40		25	90	27	27			106	
	rank on best 3 runners						1	5		2	6	3	3			7	
	total best 3 women+best 3 men						29	69		43	208	126	115			187	
	rank on best 3 women and men						1	3		2	7	5	4			6	
						NAIT	SAIT	LCK	CUE	RDP	UAA	STMU	MHC	PRAC	TKU	NWP	